



Sana'a International School

Wednesday Scoop



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Upcoming Events

- ◆ After school ultimate Frisbee on the soccer field has begun. Students 12 years old and older can participate.
- ◆ After school track from 3-4:20 for 12 and up
- ◆ Parent/Teacher conferences: February 16 from 1:00-5:40 and February 17 from 8:00-2:00 - please sign up!
- ◆ Gymnastics night - February 16 at 6:00
- ◆ Elementary music night February 24 @ 6:00



At SIS, we settle for nothing less than mastery levels of performance and behavior

Top 10 Things Teachers Wish Parents Would Do

1. Be involved. Parent involvement helps students learn, improves schools, and helps teachers work with you to help your children succeed.
2. Provide resources at home for learning. Utilize your local library, and have books and magazines available in your home. Read with your children each day.
3. Set a good example. Show your children by your own actions that you believe reading is both enjoyable and useful. Monitor television viewing and the use of videos and game systems.
4. Encourage students to do their best in school. Show your children that you believe education is important and that you want them to do their best.
5. Value education and seek a balance between schoolwork and outside activities. Emphasize your children's progress in developing the knowledge and skills they need to be successful both in school and in life.
6. Recognize factors that take a toll on students' classroom performance:
 - ◆ Consider the possible negative effects of long hours at after-school jobs or in extracurricular activities. Work with your children to help them maintain a balance between school responsibilities and outside commitments.
 - ◆ View drinking and excessive partying as serious matters. While most parents are concerned about drug abuse, many fail to recognize that alcohol, over-the-counter drugs, and common substances used as inhalants are more frequently abused than illegal drugs.
7. Support school rules and goals. Take care not to undermine school rules, discipline, or goals.
8. Use pressure positively. Encourage children to do their best, but don't pressure them by setting goals too high or by scheduling too many activities.
9. Call teachers early if you think there's a problem while there is still time to solve it. Don't wait for teachers to call you.
10. Accept your responsibility as parents. Don't expect the school and teachers to take over your obligations as parents. Teach children self-discipline and respect for others at home -- don't rely on teachers and schools to teach these basic behaviors and attitudes.

Parent Teacher Conferences

February 16-17

For Teens: How Well Do You Know Your Parent(s)

If your parents don't know what makes you happy or sad or excited, if you don't care about their feelings or their happiness, there is no emotional bond between you. The questions below address how much you know about your parent(s). They can be

answered with either "yes" or "no." Make sure you can truly answer each question if you are going to write "yes." Often people assume they know the answer, but when pressed, they really do not.

1. What your parents are putting most of their energy into right now?
2. What personal problems your parents are trying to resolve?
3. What really irritates your parents?
4. Who has most influenced your parents' thoughts and behaviors?
5. The names of your parents' three best friends?
6. Who your parents go to first if they have a problem?
7. What your parents consider to be their greatest strengths?
8. What your parents think are their greatest weaknesses?
9. Who your parents' enemies are?
10. Your parents' favorite time of day?
11. Your parents' favorite movies?
12. Your parents' favorite childhood stories?
13. Your parents' favorite pastime or hobby?
14. Your parents' favorite colors?
15. Your parents' favorite foods or meals?
16. Who has inspired your parents the most?
17. Your parents' favorite songs, bands, or singers?
18. Your parents' favorite books?
19. Your parents' favorite television shows?
20. Your parents' health concerns?

If you could answer "yes" to every question, you apparently have invested considerable time in getting to know your teen/parent(s). If you could not answer "yes" to every question, there's a gap between you and your teen/parent(s).

The more questions that stumped you, the bigger the gap. To mend your relationship and to vastly improve the quality of your lives, you will need to bridge the gap. Troubled and stressful family relationships contribute to all sorts of physical and mental problems, including depression, heart disease, and even cancer. Strong family relationships can get you through almost any crisis.

Common College Application Mistakes - part 4

YOU DON'T TAKE THE COLLEGE FOR A TEST DRIVE

Would you buy a car without taking a test drive, or new jeans without trying them on? Well, too many students choose their future college without conducting a thorough search, and end up making a haphazard decision at application time.

"Some students don't even know the programs at the schools to which they're applying," says Riordan at George Mason. "I had one applicant eager to get into our architecture program--we don't even offer an architecture major."

Proper exploration will result in a matching of your abilities, aptitudes, achievements, and interests with academic, social, and related offerings of the various colleges. Use the exploration period to learn about yourself and what you want. Why are you going to college? What are your educational and career goals? What do you want to study?

Also, think about the sort of campus setting in which you would be most comfortable (i.e., urban vs. rural, large vs. small, all female vs. coed). Be sure to tour your top-choice campuses to make sure the colleges' materials accurately portray the environment.



Yearbook Valentine's Day Cards!

On sale in the courtyard through
Saturday Feb. 13. You can also
purchase any combination of cards,
flowers, chocolates and "hugs"!

Card only - 100 yr

Card with flower - 500 yr

Card with chocolate - 400 yr

Card with hug - 500 yr

Card, flower, and chocolate - 750 yr

Card, flower, hug 750 yr

Card, chocolate, hug - 750 yr

"extravaganza" - 3 cards with 1 hug, 1 chocolate, and 1 flower -