



Sana'a International School

Wednesday Scoop



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Upcoming Events

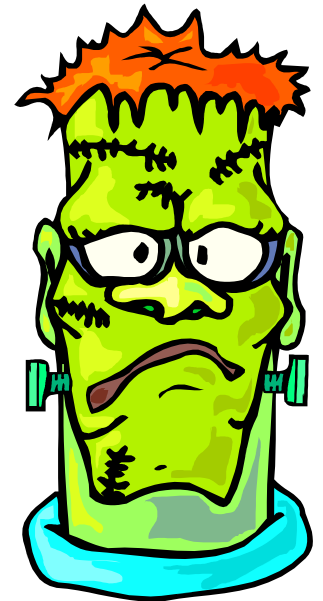
- ♦ Dead line for excursion deposits December 9
- ♦ Parent-Teacher conferences November 3rd from 1:00-4:00 and November 4th from 8:00-3:40
- ♦ Dress up day - October 28



At SIS, we settle for nothing less than mastery levels of performance and behavior

Fall Festival!

A wild costume is the theme for today! The annual Fall Festival will be in full swing, complete with a costume contest, candy hunt, carnival, and a pumpkin decorating competition. Student Council has kindly donated prizes for the best costumes in each class. The candy hunt should prove to be a favorite among the kids as they try to match their tickets earned from the carnival to the correct candy station. Not to worry though parent, the sugar shouldn't kick in until they get back home for the weekend!!



Parent-Teacher Conferences Nov. 3-4

Does Your Family Suffer from Over-Scheduling Disorder (OSD)?

For many families, parenting has become an F-4 tornado, characterized by a frenzied whirlwind of activity. This is not good for kids...or anybody else! Much of this chaos has evolved out of the misguided belief that children must be entertained or "stimulated" each and every millisecond of each and every day. While pop psychologists may think this is wise, the rest of us ought to know better. Kids who never have an opportunity to rest, relax and get a bit bored, come to believe that life and relationships should always be exciting and fun. They also miss opportunities to develop creativity and problem-solving skills.

If you answer "yes" to any of the following statements, you and your kids probably suffer from OSD:

You're completely worn out from trying to help your kids participate in all of your activities

- ♣ Your kids appear anxious, irritable, stressed, exhausted or hyperactive
- ♣ Your kids don't have enough time to contribute to the family by doing their chores
- ♣ Your kids complain about being bored any time they aren't being entertained

Although there's no medicinal cure for OSD, we can protect our families by giving ourselves permission to say "no" to too many activities. My personal advice as someone who's experienced this debilitating disorder is to trust your gut.

If you have any sense that your kids are overscheduled, trust your intuition.

3rd Annual Walk to Save the Arabian Leopard

Wednesday, November 11, 2009

12:00 PM – 4:30 PM

Sanaa International School is probably the only school in the world to effectively champion an endangered species. The Arabian Leopard (*Panthera pardus nimr*) is five times rarer than the Giant Panda, but thanks to the actions taken by you in the past two years, it is now Yemen's National Animal. Nevertheless, Yemen's Arabian Leopards are still in urgent need of protection. Without our help it is entirely possible that Yemen's National Animal will be extinct in the wild before you graduate from high school.



Come join the fun! Family and friends are welcome!

The walk will begin at 12:00 noon from the SIS dome entrance

There will be a 1 km loop on campus and a 3 kilometer loop off-campus

Cash prizes will be awarded to the top three champion walkers

Free refreshments

Leopard gifts on sale

Why should we work to save Arabian Leopards?

1)

وَمَا مِنْ دَابَّةٍ فِي الْأَرْضِ وَلَا طَائِرٍ يَطِيرُ بِجَنَاحَيْهِ إِلَّا أُمَمٌ أَمْثَالُكُمْ مَا
فَرَّطْنَا فِي الْكِتَابِ مِنْ شَيْءٍ ثُمَّ إِلَىٰ رَبِّهِمْ يُحْشَرُونَ ﴿٣٨﴾

2) Yemen is in danger of becoming the only country in the world that has ever let its National Animal become extinct. This would be a public relations disaster for the country and must be avoided.

3) The Arabian Leopard is a beautiful and charismatic animal that has the power to create national pride at a time when Yemen is divided by political, economic, security and many other issues.